



## **Voyage of a Lifetime (Follow Your Dreams)**

*An initiative to raise funds for financially-challenged Canadian athletes*

### **BACKGROUND**

#### **Forgotten Athletes**

Canada has a long heritage for excellence in international sport. However, there are many Olympic hopefuls who are excluded from competing at the international level. Why? It's not for lack of ability or desire – the reasons are purely financial.

Many Olympic hopefuls are unable to afford the costs of training – in some cases, abroad – and travelling across the world to compete in the events that enable athletes to qualify for spots on Canadian teams. Many of these financially-challenged athletes are unable to make the high-level competitions that can land them on the 'voyage of a lifetime' – the Olympic Games.

#### **The Song**

This uplifting anthem was conceived as a tribute to all of the past, present and future athletes of the world. The composers have woven an underlying theme throughout "Voyage of a Lifetime" - a show of Canadian support and camaraderie for all people everywhere, regardless of nationality, race or religion. One common ideal is shared by all – to follow your dreams.

"Voyage of a Lifetime (Follow Your Dreams)" offers this message with an inspired performance by Toronto's Nova Sounds group, supported by a beautiful children's chorus.

#### **The Ontario Track and Field Association**

"Voyage of a Lifetime" is supported by the Ontario Track and Field Association (OTFA). A non-profit organization, the OTFA is committed to supporting aspiring track and field athletes as well as contributing to the health, fitness, social development and well being of all track and field participants.

The OTFA is the first such organization to support the "Voyage of a Lifetime" movement. It has provided the initiative, spirit and financial backing to kick off the campaign and provide momentum. The long range goal is for other sports to join in this worthy cause.

100% of all proceeds from sales of this song, after expenses, will go to these athletes.

For more information on the OTFA, please visit them online at [www.otfa.ca](http://www.otfa.ca) or call (416) 426-7215.